

Ruby-throated Hummingbirds

and trumpet vine flowers

Ruby-throated Hummingbirds love the flowers of trumpet vines, perhaps because these showy blooms offer more nectar than most other flowers. Each bloom produces nectar for just 20–30 hours. As the hummingbirds zip from flower to flower, they carry yellow pollen on their heads.

Hummingbirds are the trumpet vine's best pollinator. They transfer 10 times more pollen per visit than bumblebees do. Where hummingbirds visit more often, trumpet vines bear more fruit. Thus, the birds and blooms perpetuate one another—the flowers give sustenance, and the hummers help generate the next crop of flowers.



Please enjoy this coloring page excerpted from Birds of Paradise: A Coloring Expedition coloring book from the Cornell Lab of Ornithology, published by Princeton University Press.

America's Favorite Birds is a very special coloring book, featuring 40 beautiful birds in their natural habitat settings with native flora, designed and vetted with ornithologists at the Cornell Lab to ensure scientific accuracy. Our selection of species involved our community of birders across North America and more than 250,000 votes cast by Cornell Lab Facebook fans!

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